

Download File PDF Life Orientation Grade 11 Past Exam Papers

#Jenny



Finally I get this ebook, thanks for all these I can get now!

#Rio



Cool! I'am really happy

#Markus Jensen



I did not think that this would work, my best friend showed me this website, and it does! I get my most wanted eBook

#Hun Tsu



wtf this great ebook for free?!

#Che Salsa



My friends are so mad that they do not know how I have all the high quality ebook which they do not!

#Diego Butler



so many fake sites. this is the first one which worked! Many thanks

LIFE ORIENTATION GRADES 10-12	
TOPIC	TERM 2 GRADE 12
	WEEKS 11-14
	Recommended resources
Development of the welfare society	4 hours
<ul style="list-style-type: none"> Human factors that cause ill-health, accidents, crises and disasters: psychological, social, religious, cultural practices and different knowledge practices Lifestyle diseases as a result of poverty and gender imbalances: cancer, hypertension, diseases of the heart and circulatory system, tuberculosis, sexually transmitted infections including HIV and AIDS Contributing factors: eating habits, lack of exercise, smoking, substance abuse and unsafe sexual behaviour Intervention strategies: prevention and control, early detection, treatment, care and support Contribution to participate in physical activities for long-term engagement: develop an action plan Long-term effects of participation: physical, mental, social and emotional Maximised benefits and diseases of obesity 	Textbook, newspaper articles, Bill of Rights
Physical education	4 hours
<ul style="list-style-type: none"> Participation in programmes that promote long-term engagement in relaxation and recreational activities Participation and movement performance in programmes that promote long-term engagement in relaxation and recreational activities Safety issues relating to participation in relaxation and recreational activities 	Textbook, resources on relaxation and recreational activities
	WEEKS 6-7
Careers and career choices	2 hours
<ul style="list-style-type: none"> Core elements of a job contract: worker rights and obligations, conditions of service Labour laws: Labour Relations Act, Employment Equity Act and Basic Conditions of Employment Act Principles of equity and redress Recruitment process: general trends and practices Trade unions and organised labour Work ethics and societal expectations The value of work: how work gives meaning to life 	Textbook, resources on careers
Physical education	2 hours
<ul style="list-style-type: none"> Participation in programmes that promote long-term engagement in relaxation and recreational activities Participation and movement performance in programmes that promote long-term engagement in relaxation and recreational activities 	Textbook, resources on relaxation and recreational activities
	WEEKS 8-10
EXAMINATIONS	
Formal assessment:	It is compulsory to cover the given topics in the term indicated.
1. Final examination	The importance of the topics within the term is however, not stated.
2. PET	

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